△ DELTA DENTAL®

2024

The State of Oral Health In Arizona

**Basic Care** 

3/4

Arizonans met the criteria for daily brushing, flossing and rinsing



## **Common Reasons for Brushing Teeth**

76% to prevent dental issues and tooth decay

71% it's what was taught to me growing up

56% maintain or improve my overall health

56% my dentist recommended it

## 

8 in 10 Arizonans agree that having dental insurance is essential to protecting oral and overall health

61% of adults have dental insurance

45%

Of those without dental insurance, say they cannot afford the month premium payment

## **Oral Health and Overall Health**



oral health is closely tied to their general health



dental visit is as important as an annual physical



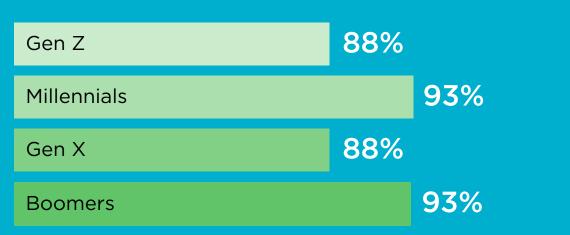
protecting their oral health enables them to live a healthier lifestyle

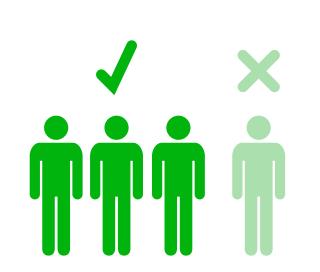


protecting their oral health can help prevent specific health conditions

## **Healthy Mouth, Healthy Life**

Arizonans of all ages agree that good oral health allows them to be more confident





Are you one of the

3 in 4

Arizonans who visited the dentist last year?

deltadentalaz.com/oral-health-survey