

Examining Oral Health & Wellness

in Arizona

Creating a path to better health and wellness

Protecting Overall Health

93% of Arizonans believe their **Oral Health** is closely connected to their **Overall Health**

59%

are more likely to prioritize visits to their dentist.

53%

are more likely to make full use of their dental insurance benefits.

50%

have improved their at-home oral care.

9 out of 10

believe that scheduling a dental appointment is as important as scheduling an annual physical.

Practicing Healthy Habits

92% of adults are motivated because protecting their oral health enables them to live a healthier lifestyle.

77% brush their teeth at least twice a day

74% use mouthwash at least once a day

80% floss at least once a day

3/4 of Arizonans replace their toothbrush at least every three months.

3 MONTHS

Embracing Dental Benefits

85% of Arizonans agree that having dental insurance is essential to protecting oral and overall health.

Arizonans report that having dental insurance allows them to:

88% enjoy a peace of mind

88% lead a healthy life

89% have good overall health

Choosing Delta Dental

We help you feel your best today while protecting your tomorrow. As the state's leading dental benefits provider, we will help you create a path to better health and wellness by providing the largest network of dentists, quick answers and personalized service and easy-to-use benefits.