# Examining

## Oral Health & Wellness

# 

better health and wellness

Creating a path to

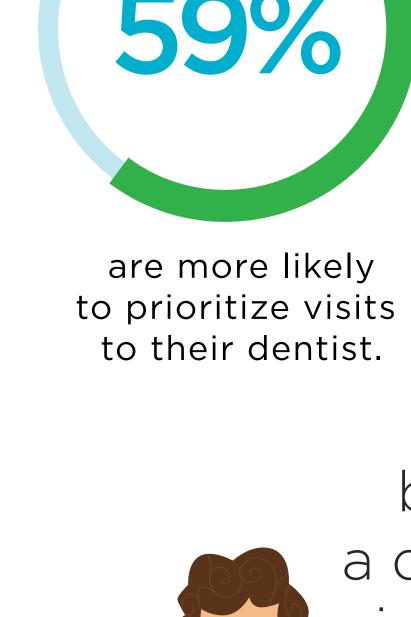
## 93% of Arizonans believe their **Oral Health**

Protecting

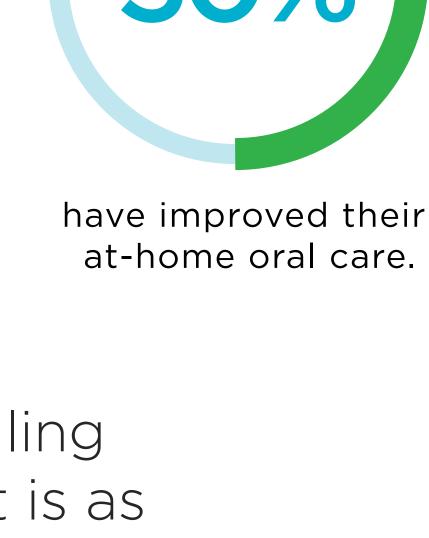
Overall Health

**Overall Health** 

is closely connected to their



are more likely to make full use of their dental insurance benefits. 9 out of 10 believe that scheduling a dental appointment is as





#### oral health enables them to live a healthier lifestyle.

MOUTH 74% use mouthwash at least once a day 80% floss at

92% of adults are motivated

because protecting their



85%

77% brush their teeth



Embracing

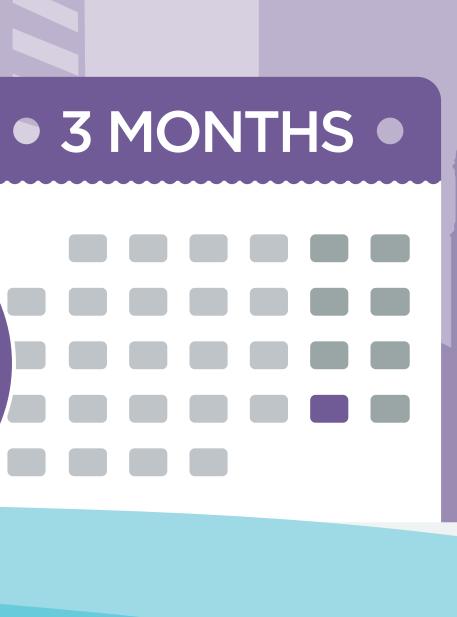
Dental Benefits

of Arizonans agree that

having dental insurance is essential

Arizonans report that

to protecting oral and overall health.



00%

lead a

healthy

life

least once a day

### having dental insurance allows them to:

Choosing Delta Dental

88% enjoy a peace 89% of mind have good overall health

We help you feel your best today while protecting your tomorrow. As the state's leading dental benefits provider, we will help you create a path to better health and wellness by providing the largest network of dentists, quick answers and personalized service and easy-to-use benefits.