

45% of first-time opioid exposure occurs immediately after a dental procedure.

Keep a simple trip to the dentist from leading to opioid abuse:



Use over-the-counter pain relievers like ibuprofen and naproxen, which can work better at relieving dental pain.



Take only prescribed doses of medication.



Promptly dispose of leftover meds.

Help your smile last a lifetime –
be smart about dental medications.



More than
90% of dental pain lasts
three days or less.

You can make wisdom-tooth removal less painful – and lessen your risk of opioid abuse. Here's how:



Ask your dentist if wisdom tooth removal can be delayed and/or made less invasive.



Take medications like naproxen and ibuprofen to relieve dental pain.



Take only prescribed doses of prescription medication – and stop when you can manage the pain.

Help your smile last a lifetime –
be smart about dental medications.
