PREVENT OPIOID ADDICTION

STAY INFORMED

WHAT ARE OPIOIDS?

Opioids are a class of drugs prescribed to relieve or moderate severe pain. They also include imitation versions like fentanyl and the illegal substance heroin.

COMMON OPIOIDS

- Codeine
- Fentanyl (Duragesic®)
- Hydrocodone/acetaminophen (Vicodin®, Norco®)
- Methadone
- Morphine (Kadian®, MS Contin®)
- Oxycodone (OxyContin[®], Percocet[®])

OPIOID & DENTAL FACTS



41 DIE DAILY

Approximately 125 million opioid prescriptions are dispensed to American patients over the course of a year.





WHO CAN BECOME ADDICTED?

Anyone who takes prescription opioids can

with addiction.

become addicted.

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8.6% of all opioid prescriptions nationwide are written by dentists.



1 in 4 patients receiving long-term (more

Nearly 8.6 million Americans aged 12 and

older have reported misusing prescription

opioids within a one-year period.

than 3 months) opioid therapy struggle

Every 1 in 2 Americans who visit the ED for dental pain receive opioid prescriptions.

REDUCE YOUR RISK

KNOW YOUR OPTIONS

Consider ways to manage your pain that do not involve a prescription, such as over-the-counter medications and non-steroidal anti-inflammatory drugs (NSAID), which may actually be more effective.

MINIMIZE USAGE

Always take the prescribed dosage and minimize usage whenever possible. Unlike an antibiotic, you do not need to finish the entire prescription.

BE AWARE OF SIDE EFFECTS

Even when taken as directed, opioids can cause a wide range of side effects including nausea, sleepiness, and depression.

PREVENT HARMFUL DRUG INTERACTIONS

Let your care provider know all other medication(s) you're taking. Certain medications, such as those for sleep, anxiety, depression, and seizures, are particularly dangerous when mixed with opioids.

DON'T SAVE UNUSED PRESCRIPTION PAIN MEDICATIONS

Properly dispose of any unused prescriptions at pharmacy or law enforcement drop locations.

A DELTA DENTAL

Delta Dental of Arizona