

Preventive Dental Care Matters

HEALTH IMPACT PROGRAM

DID YOU KNOW...

Visiting your dentist for two routine cleanings each year will earn you **500 points** in the Health Impact Program.

**SCHEDULE
YOUR DENTAL
CLEANING TODAY!**

56%

of State of Arizona employees with dental benefits visit the dentist for a



**MAKE SURE YOU'RE
ONE OF THEM!**

Cavities

ARE 
NEARLY

100%
PREVENTABLE.

AMERICANS WHO GO TO THE DENTIST AT LEAST ONCE A YEAR ARE

22%



MORE LIKELY TO
FEEL GOOD ABOUT
THEIR LIVES.

Dental exams can detect more than 

120 DISEASES

that cause signs and symptoms in the

mouth and *jaw*. 

EVERY DOLLAR SPENT ON PREVENTIVE CARE, SUCH AS BRUSHING AND CLEANING,



saves **\$8 to \$50**
IN RESTORATIVE CARE.

Visit benefitoptions.az.gov/wellness for more information or visit deltadentalaz.com/find to find a Delta Dental dentist near you!