

Preventive Dental Care Matters

DID YOU KNOW...

Visiting your dentist for two routine cleanings each year will earn you 500 points in the Health Impact Program.

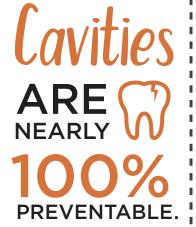
SCHEDULE YOUR DENTAL CLEANING TODAY!

of State of Arizona employees with

dental benefits visit the dentist for a



MAKE SURE YOU'RE ONE OF THEM!



AMERICANS WHO GO TO THE DENTIST AT LEAST ONCE A YEAR ARE 222% MORE LIKELY TO FEEL 600D ABOUT THEIR LIVES.

Dental exams can detect more than 120 DISEASES that cause signs and symptoms in the mouth and jaw. —O

EVERY DOLLAR SPENT ON PREVENTIVE CARE, SUCH AS BRUSHING AND CLEANING,



Saves \$8 to \$50

Visit **benefitoptions.az.gov/wellness** for more information or visit **deltadentalaz.com/find** to find a Delta Dental dentist near you!

Sources: 2013 Delta Dental Oral Health and Well-being Survey; The Long Group Retail Dental Insurance Consumer Acceptance Survey, 2009; Steven L. Bricker, Robert P. Langlais, and Craig S. Miller, Oral Diagnosis, Oral Medicine and Treatment Planning, 1994; American Dental Hygienists' Association Access to Care Position Paper, 2001; Delta Dental of Arizona Healthentic Dental Action Report, State of Arizona, Q1 2022 - Q4 2022.